



## 4. Gegen den Wind Triathlon

07. Juli 2007



### Ergebnis M / W - gesamt

Jedermann  
( 0,5 / 20 / 5,3 )

#### Jedermann TM

| Pos | StNr | Gesamt   | Name                | Vorname   | Jg.  | Verein                                     | Nat.    | Schw.    | Pos | Rad      | Pos      | Sch+Rad  | Pos      | Lauf     | Pos      | Endzeit  | Pos |
|-----|------|----------|---------------------|-----------|------|--|---------|----------|-----|----------|----------|----------|----------|----------|----------|----------|-----|
| 1   | 674  | 00:56:43 | Windbracke          | Frank     | 1982 | Team Erdinger Alkoholfrei Gut Heil Itzehoe | GER-SH  | 00:03:23 | 2   | 0        | 0        | 0        | 0        | 00:56:43 | 1        |          |     |
| 2   | 512  | 00:57:20 | Kolb                | Jonas     | 1990 | LSKW Bad Lauterberg                        | GER-NIE | 00:03:26 | 1   | 00:36:05 | 1        | 00:39:31 | 1        | 00:17:48 | 1        | 00:57:20 | 2   |
| 3   | 549  | 00:58:09 | Meyer               | Nils      | 1983 | Team Erdinger Alkoholfrei Gut Heil Itzehoe | GER-SH  | 00:03:17 | 1   | 0        | 0        | 0        | 0        | 00:58:09 | 3        |          |     |
| 4   | 435  | 01:00:21 | Fackler             | Markus    | 1982 |  | GER-HAM | 00:03:32 | 3   | 00:38:18 | 1        | 00:41:51 | 1        | 00:18:30 | 1        | 01:00:21 | 4   |
| 5   | 626  | 01:00:57 | Soeren "der Zweite" | Wallmen   | 1977 | Freundeskreis Duell                        | GER-SH  | 00:03:15 | 2   | 00:38:15 | 1        | 00:41:31 | 1        | 00:19:26 | 2        | 01:00:57 | 5   |
| 6   | 385  | 01:01:49 | Biemann             | Matthias  | 1971 | Laufwerk Hamburg e. V.                     | GER-HAM | 00:03:57 | 5   | 0        | 0        | 0        | 0        | 01:01:49 | 6        |          |     |
| 7   | 677  | 01:01:51 | Wittpohl            | Wolfgang  | 1960 | Trizebs Barsbüttel                         | GER-SH  | 00:03:33 | 1   | 00:40:01 | 4        | 00:43:35 | 4        | 00:18:16 | 1        | 01:01:51 | 7   |
| 8   | 382  | 01:01:56 | Benecke             | Torben    | 1975 | Freundeskreis Duell                        | GER-SH  | 00:03:18 | 3   | 00:38:18 | 2        | 00:41:36 | 2        | 00:20:19 | 6        | 01:01:56 | 8   |
| 9   | 434  | 01:01:58 | Ewering             | Jens      | 1960 | SG Tantalus Kiel                           | GER-SH  | 00:04:20 | 9   | 00:38:38 | 2        | 00:42:59 | 3        | 00:18:59 | 2        | 01:01:58 | 9   |
| 10  | 522  | 01:02:03 | Kuck                | Hans-Jörg | 1961 | Troisdorfer LG                             | GER-NRW | 00:03:56 | 3   | 00:38:52 | 3        | 00:42:48 | 2        | 00:19:14 | 3        | 01:02:03 | 10  |
| 11  | 363  | 01:02:13 | Adam                | Reinhold  | 1950 | TSV Bornhöved                              | GER-SH  | 00:04:10 | 2   | 0        | 0        | 0        | 0        | 01:02:13 | 11       |          |     |
| 12  | 581  | 01:02:15 | Peyko               | Maik      | 1978 |  | GER-NIE |          | 0   | 0        | 00:43:18 | 2        | 00:18:57 | 2        | 01:02:15 | 12       |     |
| 13  | 502  | 01:02:19 | Jüptner             | Michael   | 1990 | USC Kiel                                   | GER-SH  | 00:04:19 | 4   | 00:37:29 | 2        | 00:41:49 | 2        | 00:20:29 | 2        | 01:02:19 | 13  |
| 14  | 545  | 01:02:33 | Meier               | René      | 1977 | VELOCIFER                                  | GER-SH  | 00:03:42 | 5   | 00:38:24 | 3        | 00:42:06 | 3        | 00:20:27 | 7        | 01:02:33 | 14  |

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# Ergebnis M / W - gesamt

**Jedermann  
( 0,5 / 20 / 5,3 )**

**Jedermann  
TM**

| Pos | StNr | Gesamt   | Name           | Vorname         | Jg.  | Verein                               | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|----------------|-----------------|------|--------------------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 15  | 614  | 01:02:42 | Schön          | Christian       | 1964 | Lebensfitness e.V.                   | GER-HAM | 00:04:16 | 8   | 00:39:02 | 3   | 00:43:19 | 2   | 00:19:22 | 1   | 01:02:42 | 15  |
| 16  | 458  | 01:02:49 | Gutwald        | David           | 1968 |                                      | GER-HAM | 00:03:49 | 4   | 00:38:18 | 1   | 00:42:08 | 1   | 00:20:41 | 6   | 01:02:49 | 16  |
| 17  | 698  | 01:02:55 | Petersen       | Willi           | 1970 | MTV Leck                             | GER-SH  | 00:03:31 | 1   | 00:41:04 | 7   | 00:44:35 | 6   | 00:18:19 | 1   | 01:02:55 | 17  |
| 18  | 649  | 01:03:18 | Timme          | Hinnerk         | 1955 | LG SL Fahrdorf                       | GER-SH  | 00:04:08 | 2   | 00:39:18 | 1   | 00:43:27 | 1   | 00:19:50 | 1   | 01:03:18 | 18  |
| 19  | 659  | 01:03:21 | Wagner         | Timo            | 1985 | MTV Itzehoe                          | GER-SH  | 00:03:46 | 2   | 00:40:11 | 1   | 00:43:57 | 1   | 00:19:24 | 1   | 01:03:21 | 19  |
| 20  | 372  | 01:03:22 | Baastrup       | Jonas           | 1978 | Muschelbank Kiel                     | DEN     | 00:03:22 | 1   | 00:40:49 | 3   | 00:44:12 | 3   | 00:19:10 | 3   | 01:03:22 | 20  |
| 21  | 633  | 01:03:24 | Stoermer       | Florian         | 1977 | Lebensfitness e.V.                   | GER-HAM | 00:04:14 | 13  | 00:39:01 | 6   | 00:43:15 | 5   | 00:20:08 | 4   | 01:03:24 | 21  |
| 22  | 681  | 01:03:39 | Ziebart        | Dr. med. Martin | 1974 | 3athlon.org e.V.                     | GER-SH  | 00:03:56 | 7   | 00:38:46 | 4   | 00:42:43 | 4   | 00:20:55 | 9   | 01:03:39 | 22  |
| 23  | 684  | 01:03:44 | Ziriakus       | Marc            | 1974 | TSV RW Niebuell Triathlon            | GER-SH  | 00:04:00 | 8   | 00:39:35 | 8   | 00:43:35 | 6   | 00:20:09 | 5   | 01:03:44 | 23  |
| 24  | 551  | 01:03:48 | Meyer-Hermenau | Arnd            | 1966 |                                      | GER-NIE | 00:03:44 | 1   | 00:40:09 | 7   | 00:43:54 | 4   | 00:19:54 | 2   | 01:03:48 | 24  |
| 25  | 634  | 01:04:05 | Stoltenberg    | Andreas         | 1968 | TSV Bornhöved                        | GER-SH  | 00:03:40 | 2   | 00:40:26 | 6   | 00:44:06 | 4   | 00:19:58 | 2   | 01:04:05 | 25  |
| 26  | 313  | 01:04:09 | Lingelbach     | Rainer          | 1960 | Lebensfitness                        | GER-HAM | 00:04:11 | 4   | 00:38:33 | 1   | 00:42:44 | 1   | 00:21:24 | 6   | 01:04:09 | 26  |
| 27  | 639  | 01:04:13 | Sudmann        | Sven            | 1972 | Team Triathlon Hamburger Hochschulen | GER-HAM | 00:04:08 | 9   | 00:38:30 | 2   | 00:42:39 | 2   | 00:21:34 | 9   | 01:04:13 | 27  |
| 28  | 386  | 01:04:37 | Bienert        | Lars            | 1975 | TSR Olympia Wilhelmshaven            | GER-NIE | 00:04:06 | 9   | 00:41:25 | 12  | 00:45:31 | 11  | 00:19:05 | 1   | 01:04:37 | 28  |
| 29  | 583  | 01:04:42 | Radeleff       | Merten          | 1963 | EMTV Eckernförde Triathlon           | GER-SH  | 00:04:12 | 6   | 00:38:46 | 2   | 00:42:58 | 1   | 00:21:44 | 4   | 01:04:42 | 29  |
| 30  | 630  | 01:05:30 | Steinhardt     | Marc            | 1971 |                                      | GER-SH  | 00:04:01 | 7   | 00:40:03 | 4   | 00:44:05 | 3   | 00:21:24 | 7   | 01:05:30 | 30  |
| 31  | 472  | 01:05:43 | Henning        | Ulf             | 1959 | 1. Flensburger Lauftreff             | GER-SH  | 00:04:22 | 10  | 00:40:25 | 5   | 00:44:48 | 6   | 00:20:55 | 5   | 01:05:43 | 31  |
| 32  | 544  | 01:05:52 | Mehlert        | Jan             | 1979 | ETSV Gut Heil Itzehoe                | GER-SH  | 00:04:15 | 7   | 00:40:49 | 2   | 00:45:04 | 4   | 00:20:48 | 4   | 01:05:52 | 32  |
| 33  | 648  | 01:06:03 | Timmann        | Dirk            | 1968 | TS Harburg                           | GER-HAM | 00:04:22 | 15  | 00:39:55 | 3   | 00:44:17 | 5   | 00:21:45 | 10  | 01:06:03 | 33  |
| 34  | 632  | 01:06:14 | Sticken        | Gunnar          | 1974 | Ellerbeker TV                        | GER-SH  | 00:05:19 | 30  | 00:39:59 | 9   | 00:45:19 | 9   | 00:20:55 | 8   | 01:06:14 | 34  |
| 35  | 504  | 01:06:24 | Kaminsky       | Thorsten        | 1970 | Ampelsprinter Pauli                  | GER-HAM | 00:04:11 | 10  | 00:42:06 | 10  | 00:46:17 | 10  | 00:20:06 | 3   | 01:06:24 | 35  |
| 36  | 596  | 01:06:26 | Rohde          | Holger          | 1968 |                                      | GER-SH  | 00:04:16 | 11  | 00:41:48 | 9   | 00:46:04 | 9   | 00:20:21 | 4   | 01:06:26 | 36  |
| 37  | 305  | 01:06:29 | Krauskopf      | Stefan          | 1965 |                                      | GER-    | 00:04:47 | 21  | 00:38:35 | 1   | 00:43:22 | 3   | 00:23:06 | 11  | 01:06:29 | 37  |

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# Ergebnis M / W - gesamt

**Jedermann**  
( 0,5 / 20 / 5,3 )

**Jedermann**  
**TM**

| Pos | StNr | Gesamt   | Name       | Vorname        | Jg.  | Verein                      | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|------------|----------------|------|-----------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 38  | 594  | 01:06:52 | Richters   | Andre          | 1966 |                             | GER-SH  | 00:04:21 | 9   | 00:39:35 | 4   | 00:43:56 | 5   | 00:22:55 | 9   | 01:06:52 | 38  |
| 39  | 621  | 01:06:53 | Schütz     | Jan-Erik       | 1976 |                             | GER-SH  | 00:04:32 | 20  | 00:40:58 | 10  | 00:45:30 | 10  | 00:21:22 | 12  | 01:06:53 | 39  |
| 40  | 419  | 01:06:53 | Deter      | Peter          | 1972 |                             | GER-SH  | 00:04:22 | 16  | 00:40:21 | 5   | 00:44:44 | 7   | 00:22:09 | 14  | 01:06:53 | 40  |
| 41  | 459  | 01:06:56 | Hanke      | Torsten        | 1968 | SpVg Eidertal               | GER-SH  | 00:03:45 | 3   | 00:41:23 | 8   | 00:45:08 | 8   | 00:21:47 | 11  | 01:06:56 | 41  |
| 42  | 418  | 01:07:00 | Deppe      | Nils Christian | 1990 |                             | GER-HAM | 00:03:44 | 2   | 00:41:38 | 3   | 00:45:22 | 3   | 00:21:38 | 4   | 01:07:00 | 42  |
| 43  | 444  | 01:07:09 | Gaab       | Oliver         | 1977 | VELOCIFER                   | GER-NIE | 00:04:11 | 11  | 00:39:25 | 7   | 00:43:36 | 7   | 00:23:32 | 22  | 01:07:09 | 43  |
| 44  | 417  | 01:07:11 | Deppe      | Volker         | 1960 |                             | GER-HAM | 00:03:40 | 2   | 00:40:53 | 6   | 00:44:34 | 5   | 00:22:36 | 11  | 01:07:11 | 44  |
| 45  | 533  | 01:07:12 | Loock      | Bernd          | 1953 | RWE BSG EW Siegerland       | GER-NRW | 00:04:24 | 3   | 00:40:08 | 2   | 00:44:33 | 2   | 00:22:38 | 5   | 01:07:12 | 45  |
| 46  | 456  | 01:07:25 | Gruber     | Marcus         | 1967 |                             | GER-SH  | 00:03:58 | 2   | 00:41:56 | 10  | 00:45:55 | 9   | 00:21:29 | 3   | 01:07:25 | 46  |
| 47  | 683  | 01:07:47 | Zimmermann | Jörg           | 1973 | Regenbogenritter            | GER-SH  | 00:04:12 | 12  | 00:44:01 | 20  | 00:48:14 | 20  | 00:19:32 | 3   | 01:07:47 | 47  |
| 48  | 500  | 01:07:50 | Johannsen  | Henning        | 1964 | PJJ Husum                   | GER-SH  | 00:04:12 | 5   | 00:39:48 | 6   | 00:44:00 | 6   | 00:23:50 | 16  | 01:07:50 | 48  |
| 49  | 615  | 01:07:53 | Schröder   | Ralf           | 1963 | SG Wasserratten Norderstedt | GER-SH  | 00:04:34 | 14  | 00:41:27 | 9   | 00:46:01 | 10  | 00:21:52 | 5   | 01:07:53 | 49  |
| 50  | 433  | 01:07:56 | Eisenstein | Daniel         | 1985 | SV Wiking Kiel              | GER-SH  | 00:04:07 | 3   | 00:40:18 | 2   | 00:44:25 | 2   | 00:23:30 | 2   | 01:07:56 | 50  |
| 51  | 506  | 01:07:57 | Kleeberg   | Juergen        | 1959 | Erster Kieler Ruderclub     | GER-SH  | 00:04:13 | 6   | 00:41:08 | 7   | 00:45:21 | 7   | 00:22:35 | 10  | 01:07:57 | 51  |
| 52  | 182  | 01:08:08 | Kulenkamp  | Jens           | 1977 |                             | GER-HAM | 00:03:29 | 4   | 00:42:13 | 16  | 00:45:43 | 12  | 00:22:24 | 17  | 01:08:08 | 52  |
| 53  | 452  | 01:08:11 | Golücke    | Marcus         | 1974 |                             | GER-NIE | 00:04:19 | 18  | 00:41:51 | 13  | 00:46:11 | 14  | 00:22:00 | 16  | 01:08:11 | 53  |
| 54  | 448  | 01:08:20 | Gerbitz    | Rüdiger        | 1956 | TSV Brokstedt               | GER-SH  | 00:03:59 | 1   | 00:42:04 | 3   | 00:46:03 | 3   | 00:22:16 | 4   | 01:08:20 | 54  |
| 55  | 546  | 01:08:21 | Meier      | Thomas         | 1958 | TSV Brokstedt               | GER-SH  | 00:04:24 | 11  | 00:43:26 | 11  | 00:47:50 | 11  | 00:20:30 | 4   | 01:08:21 | 55  |
| 56  | 463  | 01:08:38 | Haug       | Maximilian     | 1990 |                             | GER-HAM | 00:03:52 | 3   | 00:43:08 | 4   | 00:47:00 | 4   | 00:21:37 | 3   | 01:08:38 | 56  |
| 57  | 557  | 01:08:44 | Müller     | Dieter         | 1964 | TC Backnang                 | GER-BAW | 00:04:58 | 22  | 00:39:38 | 5   | 00:44:37 | 7   | 00:24:07 | 19  | 01:08:44 | 57  |
| 58  | 563  | 01:08:45 | Niemand    | Rolf           | 1975 | Schülper SV                 | GER-SH  | 00:04:06 | 10  | 00:42:06 | 14  | 00:46:13 | 15  | 00:22:32 | 18  | 01:08:45 | 58  |
| 59  | 538  | 01:08:51 | Mackeprang | Peter          | 1967 |                             | GER-HAM | 00:04:10 | 4   | 00:42:04 | 11  | 00:46:14 | 11  | 00:22:36 | 8   | 01:08:51 | 59  |
| 60  | 381  | 01:08:54 | Behrens    | Nils           | 1973 | JUP Club                    | GER-HAM | 00:04:15 | 14  | 00:43:35 | 19  | 00:47:51 | 19  | 00:21:02 | 10  | 01:08:54 | 60  |
| 61  | 529  | 01:09:17 | Langston   | Christopher    | 1977 | Blau Weiss Wesselburen      | GER-SH  | 00:04:19 | 17  | 00:42:06 | 15  | 00:46:25 | 16  | 00:22:51 | 20  | 01:09:17 | 61  |

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# Ergebnis M / W - gesamt

**Jedermann**  
( 0,5 / 20 / 5,3 )

**Jedermann**  
**TM**

| Pos | StNr | Gesamt   | Name       | Vorname    | Jg.  | Verein                               | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|------------|------------|------|--------------------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 62  | 388  | 01:09:20 | Bittner    | Lutz       | 1957 |                                      | GER-SH  | 00:05:04 | 9   | 00:44:15 | 6   | 00:49:19 | 5   | 00:20:01 | 2   | 01:09:20 | 62  |
| 63  | 405  | 01:09:23 | Brunke     | Sven       | 1965 | TUS Holtenau Kiel                    | GER-SH  | 00:04:38 | 17  | 00:40:34 | 8   | 00:45:13 | 8   | 00:24:10 | 20  | 01:09:23 | 63  |
| 64  | 400  | 01:09:28 | Breede     | Kai        | 1971 | SG Breedemeiers                      | GER-SH  | 00:04:05 | 8   | 00:44:57 | 19  | 00:49:02 | 18  | 00:20:26 | 5   | 01:09:28 | 64  |
| 65  | 396  | 01:09:32 | Bößneck    | Ulrich     | 1957 |                                      | GER-NRW | 00:04:41 | 6   | 00:42:12 | 4   | 00:46:53 | 4   | 00:22:38 | 6   | 01:09:32 | 65  |
| 66  | 700  | 01:09:36 | Ihne       | Markus     | 1975 |                                      | GER-HAM | 00:05:02 | 28  | 00:39:00 | 5   | 00:44:02 | 8   | 00:25:33 | 26  | 01:09:36 | 66  |
| 67  | 370  | 01:09:45 | Attia      | Gamal      | 1970 | Manu-Sport                           | GER-HAM | 00:04:00 | 6   | 00:43:56 | 17  | 00:47:57 | 15  | 00:21:48 | 12  | 01:09:45 | 67  |
| 68  | 619  | 01:09:47 | Schütt     | Florian    | 1982 | SV Burweg                            | GER-NIE | 00:03:57 | 6   | 00:42:57 | 4   | 00:46:54 | 5   | 00:22:52 | 6   | 01:09:47 | 68  |
| 69  | 364  | 01:09:51 | Ahlstroem  | Christian  | 1977 | Team Triathlon Hamburger Hochschulen | GER-HAM | 00:04:29 | 19  | 00:42:32 | 17  | 00:47:01 | 17  | 00:22:49 | 19  | 01:09:51 | 69  |
| 70  | 671  | 01:10:01 | Wilke      | Gerrit     | 1971 | Heikendorfer SV                      | GER-SH  | 00:04:46 | 23  | 00:43:06 | 13  | 00:47:52 | 14  | 00:22:08 | 13  | 01:10:01 | 70  |
| 71  | 499  | 01:10:06 | Jochims    | Christoph  | 1965 |                                      | GER-SH  | 00:04:45 | 20  | 00:43:03 | 13  | 00:47:49 | 13  | 00:22:17 | 7   | 01:10:06 | 71  |
| 72  | 629  | 01:10:18 | Steier     | Michael    | 1974 | Steier                               | DEN     | 00:04:17 | 16  | 00:44:57 | 23  | 00:49:15 | 21  | 00:21:02 | 11  | 01:10:18 | 72  |
| 73  | 587  | 01:10:21 | Reimann    | Frank      | 1960 | Elmshorner MTV                       | GER-SH  | 00:04:33 | 13  | 00:43:27 | 12  | 00:48:00 | 12  | 00:22:20 | 8   | 01:10:21 | 73  |
| 74  | 616  | 01:10:22 | Schubert   | Ralph      | 1973 | Ampelsprinter Pauli                  | GER-HAM | 00:04:44 | 24  | 00:41:10 | 11  | 00:45:54 | 13  | 00:24:28 | 24  | 01:10:22 | 74  |
| 75  | 498  | 01:10:24 | Jerol      | Peter      | 1958 |                                      | GER-HAM | 00:05:18 | 29  | 00:41:44 | 9   | 00:47:02 | 9   | 00:23:21 | 15  | 01:10:24 | 75  |
| 76  | 668  | 01:10:28 | Wessels    | Christian  | 1981 | Muschelbank Kiel                     | GER-SH  | 00:03:50 | 5   | 00:43:55 | 6   | 00:47:45 | 6   | 00:22:42 | 5   | 01:10:28 | 76  |
| 77  | 620  | 01:10:30 | Schütz     | Sebastian  | 1978 | Gettorfer SC                         | GER-SH  | 00:03:47 | 4   |          | 0   |          | 0   | 0        | 0   | 01:10:30 | 77  |
| 78  | 362  | 01:10:36 | Acker      | Johannes   | 1989 | VfL Oldesloe Tri                     | GER-SH  | 00:04:31 | 3   | 00:42:39 | 1   | 00:47:10 | 1   | 00:23:25 | 2   | 01:10:36 | 78  |
| 79  | 491  | 01:10:42 | Jähnig     | Maximilian | 1989 | TuS Holstein Quickborn               | GER-HAM | 00:04:05 | 2   | 00:44:22 | 2   | 00:48:28 | 2   | 00:22:13 | 1   | 01:10:42 | 79  |
| 80  | 699  | 01:10:42 | Schattling | KLaus      | 1962 | MTV-Leck                             | GER-SH  | 00:04:19 | 8   | 00:44:48 | 14  | 00:49:07 | 13  | 00:21:35 | 7   | 01:10:42 | 80  |
| 81  | 692  | 01:10:43 | Werner     | Sascha     | 1972 |                                      | GER-SH  | 00:04:37 | 20  | 00:43:43 | 16  | 00:48:20 | 16  | 00:22:23 | 16  | 01:10:43 | 81  |
| 82  | 556  | 01:10:50 | Müller     | Stefan     | 1963 |                                      | GER-SH  | 00:05:03 | 25  | 00:43:46 | 17  | 00:48:49 | 17  | 00:22:00 | 6   | 01:10:50 | 82  |
| 83  | 508  | 01:11:06 | Klein      | Andreas    | 1963 | Tri EMTV Elmshorn                    | GER-SH  | 00:04:43 | 19  | 00:43:18 | 14  | 00:48:02 | 14  | 00:23:04 | 10  | 01:11:06 | 83  |
| 84  | 612  | 01:11:20 | Schmidt    | Gottfried  | 1972 | SG Athletico Büdelsdorf              | GER-SH  | 00:04:21 | 14  | 00:43:23 | 15  | 00:47:44 | 13  | 00:23:35 | 21  | 01:11:20 | 84  |

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# Ergebnis M / W - gesamt

**Jedermann**  
( 0,5 / 20 / 5,3 )

**Jedermann**  
**TM**

| Pos | StNr | Gesamt   | Name       | Vorname   | Jg.  | Verein                   | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|------------|-----------|------|--------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 85  | 451  | 01:11:28 | Goddemeyer | Axel      | 1971 | Esbit - Seeland          | GER-HAM | 00:04:16 | 12  | 00:42:58 | 12  | 00:47:15 | 12  | 00:24:12 | 26  | 01:11:28 | 85  |
| 86  | 676  | 01:11:29 | Wirtz      | Philipp   | 1976 | TC Ellerau               | GER-SH  | 00:04:46 | 25  | 00:45:01 | 24  | 00:49:48 | 24  | 00:21:41 | 13  | 01:11:29 | 86  |
| 87  | 569  | 01:11:41 | Paap       | Robert    | 1968 | Esbit - Seeland          | GER-NIE | 00:04:20 | 13  | 00:45:05 | 21  | 00:49:26 | 20  | 00:22:15 | 15  | 01:11:41 | 87  |
| 88  | 478  | 01:11:42 | Hinrichs   | Sönke     | 1966 | TSV Sankt Peter-Ording   | GER-SH  | 00:04:39 | 18  | 00:43:43 | 16  | 00:48:23 | 15  | 00:23:19 | 14  | 01:11:42 | 88  |
| 89  | 495  | 01:12:16 | Jensen     | Frank     | 1960 | Rw-niebüll               | GER-SH  | 00:04:29 | 12  | 00:45:05 | 16  | 00:49:35 | 15  | 00:22:41 | 13  | 01:12:16 | 89  |
| 90  | 515  | 01:12:21 | Kouba      | Peter     | 1959 | SV Munster               | GER-NIE | 00:04:53 | 20  | 00:42:11 | 10  | 00:47:05 | 10  | 00:25:16 | 20  | 01:12:21 | 90  |
| 91  | 584  | 01:12:22 | Ramm       | Jürgen    | 1960 |                          | GER-MVP | 00:04:41 | 15  | 00:45:00 | 15  | 00:49:42 | 16  | 00:22:39 | 12  | 01:12:22 | 91  |
| 92  | 599  | 01:12:22 | Rühle      | Leif      | 1972 |                          | GER-HAM | 00:05:01 | 32  | 00:43:22 | 14  | 00:48:24 | 17  | 00:23:58 | 24  | 01:12:22 | 92  |
| 93  | 530  | 01:12:25 | Lau        | Ingo      | 1967 |                          | GER-SH  | 00:04:13 | 7   | 00:42:38 | 12  | 00:46:52 | 12  | 00:25:33 | 23  | 01:12:25 | 93  |
| 94  | 467  | 01:12:27 | Heinrich   | Bernd     | 1955 |                          | GER-SH  | 00:04:36 | 5   | 00:45:58 | 8   | 00:50:34 | 8   | 00:21:52 | 3   | 01:12:27 | 94  |
| 95  | 457  | 01:12:34 | Grzonka    | Achim     | 1964 | "Trizebs" BSV Barsbüttel | GER-SH  | 00:04:32 | 13  | 00:44:49 | 19  | 00:49:21 | 19  | 00:23:12 | 13  | 01:12:34 | 95  |
| 96  | 623  | 01:12:39 | Siedhoff   | Frank     | 1973 | SV Brenken               | GER-NRW | 00:04:39 | 23  | 00:46:05 | 25  | 00:50:45 | 25  | 00:21:53 | 14  | 01:12:39 | 96  |
| 97  | 460  | 01:12:59 | Hansen     | Werner    | 1969 |                          | GER-SH  | 00:04:28 | 17  | 00:45:23 | 23  | 00:49:51 | 22  | 00:23:07 | 18  | 01:12:59 | 97  |
| 98  | 595  | 01:13:01 | Riedel     | Patrick   | 1964 | BSG Hamburg Wasser       | GER-SH  | 00:05:06 | 26  | 00:44:05 | 18  | 00:49:11 | 18  | 00:23:50 | 15  | 01:13:01 | 98  |
| 99  | 455  | 01:13:13 | Gruber     | Dr. Jan   | 1960 | Erster Kieler Ruderclub  | GER-SH  | 00:04:14 | 7   | 00:46:36 | 21  | 00:50:51 | 19  | 00:22:22 | 9   | 01:13:13 | 99  |
| 100 | 650  | 01:13:20 | Triep      | Matthias  | 1961 |                          | GER-HAM | 00:05:15 | 26  | 00:41:42 | 8   | 00:46:58 | 8   | 00:26:22 | 25  | 01:13:20 | 100 |
| 101 | 481  | 01:13:29 | Holm       | Gregor    | 1969 | Tc-ellerau               | GER-SH  | 00:04:48 | 24  | 00:42:10 | 11  | 00:46:59 | 11  | 00:26:29 | 31  | 01:13:29 | 101 |
| 102 | 682  | 01:13:33 | Ziems      | Peter     | 1964 | TSV Brokstedt            | GER-SH  | 00:04:30 | 12  | 00:45:00 | 20  | 00:49:30 | 20  | 00:24:02 | 18  | 01:13:33 | 102 |
| 103 | 550  | 01:13:37 | Meyer      | Volker    | 1957 |                          | GER-NIE | 00:04:55 | 7   | 00:45:07 | 7   | 00:50:03 | 7   | 00:23:34 | 7   | 01:13:37 | 103 |
| 104 | 617  | 01:13:40 | Schultz    | Florian   | 1972 |                          | GER-HAM | 00:04:35 | 19  | 00:45:04 | 20  | 00:49:39 | 21  | 00:24:00 | 25  | 01:13:40 | 104 |
| 105 | 371  | 01:13:52 | Auer       | Markus    | 1978 |                          | GER-HES | 00:04:25 | 8   | 00:44:21 | 7   | 00:48:47 | 8   | 00:25:05 | 8   | 01:13:52 | 105 |
| 106 | 487  | 01:13:54 | Jacobsen   | Harald    | 1976 |                          | GER-SH  | 00:04:37 | 22  | 00:44:50 | 22  | 00:49:28 | 23  | 00:24:26 | 23  | 01:13:54 | 106 |
| 107 | 697  | 01:14:04 | Flohr      | Marc      | 1973 |                          | GER-BER | 00:04:17 | 15  | 00:43:14 | 18  | 00:47:31 | 18  | 00:26:32 | 29  | 01:14:04 | 107 |
| 108 | 505  | 01:14:14 | Karger     | Christian | 1970 |                          | GER-SH  | 00:04:52 | 28  | 00:47:50 | 32  | 00:52:42 | 32  | 00:21:31 | 8   | 01:14:14 | 108 |

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# Ergebnis M / W - gesamt

**Jedermann**  
( 0,5 / 20 / 5,3 )

**Jedermann**  
**TM**

| Pos | StNr | Gesamt   | Name        | Vorname     | Jg.  | Verein                                | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|-------------|-------------|------|---------------------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 109 | 399  | 01:14:25 | Brannasch   | Vincent     | 1986 |                                       | GER-HAM | 00:05:10 | 5   | 00:44:13 | 3   | 00:49:24 | 4   | 00:25:00 | 3   | 01:14:25 | 109 |
| 110 | 401  | 01:14:36 | Breier      | Thomas      | 1967 |                                       | GER-NIE | 00:04:35 | 15  | 00:45:39 | 21  | 00:50:14 | 21  | 00:24:22 | 21  | 01:14:36 | 110 |
| 111 | 571  | 01:14:37 | Paap        | Christoph   | 1979 |                                       | GER-SH  | 00:04:48 | 12  | 00:43:50 | 5   | 00:48:38 | 7   | 00:25:59 | 10  | 01:14:37 | 111 |
| 112 | 497  | 01:14:38 | Jerenz      | André       | 1978 |                                       | GER-HAM | 00:04:39 | 9   | 00:45:02 | 8   | 00:49:42 | 9   | 00:24:56 | 7   | 01:14:38 | 112 |
| 113 | 585  | 01:14:40 | Rathey      | Mathias     | 1964 | FC Grünfeld Kiel                      | GER-SH  | 00:05:02 | 24  | 00:43:28 | 15  | 00:48:31 | 16  | 00:26:08 | 25  | 01:14:40 | 113 |
| 114 | 427  | 01:14:50 | Düver       | Henry       | 1952 |                                       | GER-NIE | 00:04:09 | 1   | 00:48:15 | 2   | 00:52:24 | 2   | 00:22:25 | 1   | 01:14:50 | 114 |
| 115 | 695  | 01:14:53 | Baas        | Andreas     | 1971 |                                       | GER-SH  | 00:04:32 | 18  | 00:46:40 | 26  | 00:51:12 | 25  | 00:23:41 | 22  | 01:14:53 | 115 |
| 116 | 411  | 01:15:02 | Christensen | Boyke       | 1968 | TUS Holtenau Kiel                     | GER-SH  | 00:04:54 | 30  | 00:47:00 | 28  | 00:51:54 | 29  | 00:23:07 | 17  | 01:15:02 | 116 |
| 117 | 672  | 01:15:02 | Wilken      | Benno       | 1967 |                                       | GER-HAM | 00:04:30 | 11  | 00:47:23 | 24  | 00:51:53 | 23  | 00:23:08 | 12  | 01:15:02 | 117 |
| 118 | 384  | 01:15:12 | Bewersdorff | Michael     | 1963 | DJK Grün - Weiß Werl                  | GER-NRW | 00:05:14 | 27  | 00:45:56 | 22  | 00:51:10 | 22  | 00:24:02 | 17  | 01:15:12 | 118 |
| 119 | 461  | 01:15:13 | Hattendorf  | Magnus      | 1975 | Schwarz-Weiß Garbsen                  | GER-NIE | 00:04:52 | 26  | 00:44:30 | 21  | 00:49:23 | 22  | 00:25:50 | 27  | 01:15:13 | 119 |
| 120 | 494  | 01:15:47 | Jenner      | Volker      | 1960 | SV-Hollingstedt                       | GER-SH  | 00:05:16 | 27  | 00:46:00 | 17  | 00:51:17 | 20  | 00:24:29 | 17  | 01:15:47 | 120 |
| 121 | 647  | 01:15:49 | Tiessen     | Oliver      | 1971 | BSG E.ON Hanse                        | GER-SH  | 00:05:04 | 34  | 00:47:10 | 30  | 00:52:15 | 30  | 00:23:34 | 20  | 01:15:49 | 121 |
| 122 | 369  | 01:15:52 | Armbrecht   | Ralf        | 1961 | TS Harburg                            | GER-HAM | 00:05:08 | 23  | 00:44:06 | 13  | 00:49:15 | 14  | 00:26:36 | 26  | 01:15:52 | 122 |
| 123 | 409  | 01:16:08 | Butzlauff   | Thomas      | 1961 | Wasserläufer                          | GER-SH  | 00:04:13 | 5   | 00:46:27 | 20  | 00:50:41 | 17  | 00:25:27 | 21  | 01:16:08 | 123 |
| 124 | 528  | 01:16:12 | Lamek       | Claus       | 1968 | Laufftreff Parsau                     | GER-NIE | 00:05:05 | 36  | 00:44:04 | 18  | 00:49:10 | 19  | 00:27:01 | 33  | 01:16:12 | 124 |
| 125 | 645  | 01:16:13 | Thomsen     | Arne        | 1970 | LAV Husum                             | GER-SH  | 00:04:38 | 21  | 00:47:41 | 31  | 00:52:19 | 31  | 00:23:54 | 23  | 01:16:13 | 125 |
| 126 | 547  | 01:16:24 | Mergardt    | Bernd       | 1959 |                                       | GER-NIE | 00:04:33 | 14  | 00:46:14 | 18  | 00:50:47 | 18  | 00:25:36 | 22  | 01:16:24 | 126 |
| 127 | 578  | 01:16:31 | Peters      | Uwe         | 1952 |                                       | GER-SH  | 00:05:10 | 3   | 00:46:34 | 1   | 00:51:45 | 1   | 00:24:45 | 2   | 01:16:31 | 127 |
| 128 | 694  | 01:16:51 | Kallage     | Jens        | 1974 | TSH BerGaMont                         | GER-HAM | 00:04:35 | 21  | 00:50:20 | 28  | 00:54:55 | 28  | 00:21:55 | 15  | 01:16:51 | 128 |
| 129 | 690  | 01:16:59 | Kallweit    | Hauke       | 1971 |                                       | GER-NRW | 00:04:49 | 25  | 00:47:01 | 29  | 00:51:51 | 28  | 00:25:07 | 29  | 01:16:59 | 129 |
| 130 | 518  | 01:17:06 | Krawczyk    | Jan Philipp | 1984 | TSVQ Bornhöved                        | GER-SH  | 00:04:46 | 4   | 00:44:36 | 4   | 00:49:22 | 3   | 00:27:43 | 4   | 01:17:06 | 130 |
| 131 | 554  | 01:17:23 | Mühlich     | Matthias    | 1961 | TUT Tornescher Uetersener Triathleten | GER-SH  | 00:05:20 | 30  | 00:46:55 | 22  | 00:52:15 | 23  | 00:25:07 | 19  | 01:17:23 | 131 |

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# Ergebnis M / W - gesamt

Jedermann  
( 0,5 / 20 / 5,3 )

## Jedermann TM

| Pos | StNr | Gesamt   | Name          | Vorname     | Jg.  | Verein               | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|---------------|-------------|------|----------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 132 | 496  | 01:17:32 | Jensen        | Klaus       | 1962 | Bike & Run Flügge    | GER-SH  | 00:05:53 | 32  | 00:47:45 | 25  | 00:53:39 | 27  | 00:23:53 | 16  | 01:17:32 | 132 |
| 133 | 627  | 01:17:47 | Spaja         | Peter       | 1961 |                      | GER-SH  | 00:05:11 | 25  | 00:47:59 | 27  | 00:53:11 | 26  | 00:24:36 | 18  | 01:17:47 | 133 |
| 134 | 618  | 01:17:55 | Schuster      | Andreas     | 1958 |                      | GER-HAM | 00:05:07 | 22  | 00:46:59 | 23  | 00:52:06 | 22  | 00:25:48 | 23  | 01:17:55 | 134 |
| 135 | 424  | 01:18:01 | Dietzel       | Ronald      | 1961 |                      | GER-SH  | 00:04:42 | 16  | 00:50:14 | 28  | 00:54:57 | 28  | 00:23:04 | 14  | 01:18:01 | 135 |
| 136 | 387  | 01:18:08 | Bildt         | Nico        | 1970 | TUS Holtenau Kiel    | GER-SH  | 00:05:05 | 35  | 00:45:47 | 24  | 00:50:52 | 24  | 00:27:15 | 34  | 01:18:08 | 136 |
| 137 | 263  | 01:18:27 | Pospiech      | Rico        | 1971 |                      | GER-    | 00:04:51 | 27  | 00:46:49 | 27  | 00:51:41 | 27  | 00:26:46 | 32  | 01:18:27 | 137 |
| 138 | 552  | 01:18:29 | Meyer-Wolff   | Christian   | 1974 |                      | GER-HAM | 00:05:09 | 29  | 00:47:52 | 26  | 00:53:02 | 26  | 00:25:27 | 25  | 01:18:29 | 138 |
| 139 | 429  | 01:18:40 | Eckart        | Jan Hendrik | 1972 |                      | GER-SH  | 00:04:53 | 29  | 00:46:24 | 25  | 00:51:18 | 26  | 00:27:22 | 35  | 01:18:40 | 139 |
| 140 | 416  | 01:18:44 | Dechow        | Frank       | 1966 |                      | GER-NIE | 00:04:37 | 16  | 00:49:26 | 27  | 00:54:04 | 27  | 00:24:40 | 22  | 01:18:44 | 140 |
| 141 | 390  | 01:18:46 | Block         | Hans-Peter  | 1961 | Tri EMTV Elmshorn    | GER-SH  | 00:05:00 | 21  | 00:47:52 | 26  | 00:52:53 | 25  | 00:25:53 | 24  | 01:18:46 | 141 |
| 142 | 391  | 01:18:48 | Bommhardt     | Klaus       | 1955 |                      | GER-BER | 00:05:12 | 10  | 00:48:31 | 9   | 00:53:44 | 10  | 00:25:04 | 8   | 01:18:48 | 142 |
| 143 | 523  | 01:19:01 | Kühl          | Christian   | 1968 |                      | GER-SH  | 00:04:45 | 22  | 00:48:16 | 34  | 00:53:02 | 33  | 00:25:59 | 30  | 01:19:01 | 143 |
| 144 | 586  | 01:19:08 | Reese         | Lars        | 1970 | BSG ABN AMRO Bank    | GER-SH  | 00:04:56 | 31  | 00:49:15 | 36  | 00:54:12 | 36  | 00:24:56 | 28  | 01:19:08 | 144 |
| 145 | 426  | 01:19:09 | Drochner      | Nobi        | 1963 |                      | GER-SH  | 00:05:23 | 29  | 00:47:40 | 25  | 00:53:03 | 25  | 00:26:06 | 24  | 01:19:09 | 145 |
| 146 | 640  | 01:19:22 | Sylvester     | Jörg        | 1965 | MTV Segeberg         | GER-SH  | 00:05:14 | 28  | 00:46:45 | 23  | 00:52:00 | 24  | 00:27:21 | 26  | 01:19:22 | 146 |
| 147 | 521  | 01:19:27 | Kübel-Heising | Rembert     | 1954 |                      | GER-NIE | 00:04:26 | 4   | 00:49:17 | 10  | 00:53:43 | 9   | 00:25:44 | 9   | 01:19:27 | 147 |
| 148 | 688  | 01:19:30 | Essenburger   | Andreas     | 1975 |                      | GER-NRW | 00:04:58 | 27  | 00:48:33 | 27  | 00:53:31 | 27  | 00:25:58 | 28  | 01:19:30 | 148 |
| 149 | 488  | 01:19:33 | Jaekel        | Claus       | 1945 | DESY - Betriebssport | GER-HAM | 00:05:39 | 1   | 00:48:07 | 1   | 00:53:47 | 1   | 00:25:46 | 1   | 01:19:33 | 149 |
| 150 | 577  | 01:20:12 | Pentzien      | Bernd       | 1958 |                      | GER-HAM | 00:05:17 | 28  | 00:46:26 | 19  | 00:51:44 | 21  | 00:28:28 | 29  | 01:20:12 | 150 |
| 151 | 395  | 01:20:44 | Bornhold      | Robert      | 1978 |                      | GER-SH  | 00:04:41 | 10  | 00:45:21 | 9   | 00:50:02 | 10  | 00:30:41 | 11  | 01:20:44 | 151 |
| 152 | 479  | 01:20:53 | Hinrichs      | Ove         | 1969 |                      | GER-HAM | 00:05:13 | 39  | 00:45:20 | 22  | 00:50:34 | 23  | 00:30:19 | 38  | 01:20:53 | 152 |
| 153 | 601  | 01:21:13 | Rüstmann      | Andreas     | 1968 | TriAs Flensburg      | GER-SH  | 00:05:12 | 38  | 00:48:03 | 33  | 00:53:16 | 34  | 00:27:56 | 36  | 01:21:13 | 153 |
| 154 | 428  | 01:21:35 | Ebinger       | Julian      | 1970 |                      | GER-HAM | 00:05:36 | 40  | 00:51:37 | 37  | 00:57:13 | 37  | 00:24:21 | 27  | 01:21:35 | 154 |
| 155 | 570  | 01:21:58 | Paap          | Philip      | 1972 | Esbit - Seeland      | GER-HAM | 00:05:03 | 33  | 00:48:38 | 35  | 00:53:41 | 35  | 00:28:17 | 37  | 01:21:58 | 155 |

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# Ergebnis M / W - gesamt

**Jedermann  
( 0,5 / 20 / 5,3 )**

**Jedermann  
TM**

| Pos | StNr | Gesamt   | Name       | Vorname     | Jg.  | Verein                   | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|------------|-------------|------|--------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 156 | 696  | 01:22:08 | Kohrs      | Dieter      | 1960 |                          | GER-HAM | 00:04:50 | 19  | 00:47:31 | 24  | 00:52:22 | 24  | 00:29:46 | 30  | 01:22:08 | 156 |
| 157 | 609  | 01:22:17 | Schmeller  | Jan         | 1971 | Jan Cux von 1971 e.V.    | GER-SH  | 00:04:51 | 26  | 00:53:52 | 38  | 00:58:43 | 38  | 00:23:33 | 19  | 01:22:17 | 157 |
| 158 | 572  | 01:22:20 | Paap       | John        | 1988 | Esbit-Seeland            | GER-NIE | 00:03:58 | 1   | 00:50:17 | 3   | 00:54:16 | 3   | 00:28:04 | 3   | 01:22:20 | 158 |
| 159 | 379  | 01:22:44 | Becker     | Hans-Peter  | 1956 | Tri Michels Hamburg      | GER-HAM | 00:06:07 | 11  | 00:43:39 | 5   | 00:49:47 | 6   | 00:32:57 | 11  | 01:22:44 | 159 |
| 160 | 517  | 01:22:52 | Krämer     | Holger      | 1965 |                          | GER-HAM | 00:05:28 | 30  | 00:48:09 | 26  | 00:53:37 | 26  | 00:29:14 | 29  | 01:22:52 | 160 |
| 161 | 476  | 01:22:54 | Heuckeroth | Henning     | 1982 |                          | GER-HAM | 00:04:42 | 11  | 00:52:52 | 10  | 00:57:35 | 11  | 00:25:18 | 9   | 01:22:54 | 161 |
| 162 | 454  | 01:22:56 | Grube      | Dr. Hermann | 1943 |                          | GER-HAM | 00:06:11 | 2   | 00:49:14 | 2   | 00:55:25 | 2   | 00:27:31 | 2   | 01:22:56 | 162 |
| 163 | 453  | 01:23:51 | Grimm      | Andreas     | 1965 | Borussia Mönchengladbach | GER-HAM | 00:04:10 | 3   | 00:51:37 | 28  | 00:55:47 | 28  | 00:28:03 | 27  | 01:23:51 | 163 |
| 164 | 553  | 01:24:21 | Möller     | Bernd       | 1958 |                          | GER-SH  | 00:05:10 | 24  | 00:52:12 | 30  | 00:57:22 | 30  | 00:26:59 | 27  | 01:24:21 | 164 |
| 165 | 438  | 01:24:39 | Forch      | Alec        | 1975 |                          | GER-HAM | 00:05:22 | 32  | 00:56:10 | 30  | 01:01:33 | 30  | 00:23:05 | 21  | 01:24:39 | 165 |
| 166 | 660  | 01:25:09 | Waldner    | Martin      | 1955 |                          | GER-HAM | 00:04:59 | 8   | 00:50:31 | 11  | 00:55:31 | 11  | 00:29:38 | 10  | 01:25:09 | 166 |
| 167 | 415  | 01:25:50 | Wiegang    | Georg       | 1962 |                          | GER-NIE | 00:04:44 | 17  | 00:50:25 | 29  | 00:55:10 | 29  | 00:30:40 | 31  | 01:25:50 | 167 |
| 168 | 486  | 01:25:51 | Ipsen      | Peter Otto  | 1959 | TriAs Flensburg          | GER-SH  | 00:04:50 | 18  | 00:53:35 | 32  | 00:58:25 | 31  | 00:27:25 | 28  | 01:25:51 | 168 |
| 169 | 407  | 01:26:58 | Buchmann   | Volker      | 1973 | TSVE 1890 Bielefeld e.V. | GER-NRW | 00:05:21 | 31  | 00:50:37 | 29  | 00:55:59 | 29  | 00:30:58 | 30  | 01:26:58 | 169 |
| 170 | 526  | 01:27:42 | Lage       | Ingo        | 1966 | E.ON Hanse               | GER-SH  | 00:05:00 | 23  | 00:54:00 | 30  | 00:59:00 | 30  | 00:28:41 | 28  | 01:27:42 | 170 |
| 171 | 646  | 01:31:25 | Thurrow    | Gunnar      | 1979 |                          | GER-SH  | 00:05:17 | 13  | 00:53:53 | 11  | 00:59:10 | 12  | 00:32:14 | 12  | 01:31:25 | 171 |
| 172 | 590  | 01:33:35 | Renner     | Jürgen      | 1952 |                          | GER-BER | 00:05:42 | 4   | 00:58:44 | 3   | 01:04:27 | 3   | 00:29:08 | 3   | 01:33:35 | 172 |
| 173 | 606  | 01:33:56 | Schleiwies | Jörg        | 1960 |                          | GER-SH  | 00:05:24 | 31  | 00:53:28 | 31  | 00:58:53 | 32  | 00:35:02 | 33  | 01:33:56 | 173 |
| 174 | 485  | 01:36:47 | Horwege    | Stefan      | 1962 |                          | GER-HAM | 00:06:36 | 33  | 00:57:03 | 33  | 01:03:39 | 33  | 00:33:07 | 32  | 01:36:47 | 174 |
| 175 | 669  | 01:41:09 | Wex        | Christoph   | 1965 |                          | GER-HAM | 00:05:30 | 31  | 00:58:49 | 31  | 01:04:19 | 31  | 00:36:49 | 30  | 01:41:09 | 175 |

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# Ergebnis M / W - gesamt

**Jedermann**  
( 0,5 / 20 / 5,3 )

**Jedermann**  
**TW**

| Pos | StNr | Gesamt   | Name           | Vorname   | Jg.  | Verein                 | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|----------------|-----------|------|------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 1   | 492  | 01:06:30 | Jalaß          | Frauke    | 1972 | BSG Laufwerk           | GER-HAM | 00:04:02 | 1   | 00:41:50 | 1   | 00:45:53 | 1   | 00:20:36 | 1   | 01:06:30 | 1   |
| 2   | 663  | 01:09:22 | Warnecke-Jerol | Margret   | 1961 |                        | GER-    | 00:04:38 | 1   | 00:41:22 | 1   | 00:46:00 | 1   | 00:23:21 | 1   | 01:09:22 | 2   |
| 3   | 412  | 01:09:22 | Cotterell      | Maike     | 1973 | Lebensfitness          | GER-HAM | 00:04:04 | 1   | 00:42:09 | 2   | 00:46:13 | 2   | 00:23:09 | 1   | 01:09:22 | 3   |
| 4   | 394  | 01:10:05 | Bornhof        | Susanne   | 1964 | Www.42,195.de          | GER-SH  | 00:04:40 | 2   | 00:42:40 | 1   | 00:47:20 | 1   | 00:22:44 | 1   | 01:10:05 | 4   |
| 5   | 555  | 01:10:25 | Mulka          | Maike     | 1973 | Energiebündel          | GER-SH  | 00:04:58 | 4   | 00:40:30 | 1   | 00:45:28 | 1   | 00:24:57 | 3   | 01:10:25 | 5   |
| 6   | 408  | 01:10:37 | Büchmann       | Anna      | 1988 | USC Kiel               | GER-SH  | 00:04:22 | 1   | 00:40:57 | 1   | 00:45:20 | 1   | 00:25:16 | 1   | 01:10:37 | 6   |
| 7   | 559  | 01:13:22 | Müller         | Miriam    | 1978 | Hamburger SC           | GER-HAM | 00:04:32 | 1   | 00:44:25 | 1   | 00:48:58 | 1   | 00:24:24 | 1   | 01:13:22 | 7   |
| 8   | 403  | 01:15:52 | Brenken        | Astrid    | 1976 | TV Lemgo               | GER-NRW | 00:05:21 | 5   | 00:44:29 | 3   | 00:49:50 | 3   | 00:26:01 | 6   | 01:15:52 | 8   |
| 9   | 589  | 01:16:57 | Renner         | Lea       | 1988 |                        | GER-SH  | 00:05:14 | 2   | 00:46:11 | 2   | 00:51:26 | 2   | 00:25:30 | 2   | 01:16:57 | 9   |
| 10  | 513  | 01:17:00 | Kolb           | Maren     | 1968 | LSKW Bad Lauterberg    | GER-NIE | 00:05:06 | 5   | 00:43:20 | 2   | 00:48:27 | 2   | 00:28:33 | 9   | 01:17:00 | 10  |
| 11  | 613  | 01:17:35 | Schnaibel      | Christine | 1966 |                        | GER-BER | 00:04:55 | 3   | 00:47:31 | 2   | 00:52:26 | 2   | 00:25:09 | 2   | 01:17:35 | 11  |
| 12  | 767  | 01:17:37 | Flohr          | Yasemin   | 1971 |                        | GER-BER | 00:04:36 | 2   | 00:48:53 | 5   | 00:53:29 | 5   | 00:24:08 | 2   | 01:17:37 | 12  |
| 13  | 598  | 01:17:46 | Roux           | Nathalie  | 1973 | SSF Bonn               | GER-NRW | 00:04:55 | 2   | 00:49:11 | 6   | 00:54:07 | 6   | 00:23:38 | 2   | 01:17:46 | 13  |
| 14  | 462  | 01:17:46 | Haug           | Kathrin   | 1965 |                        | GER-HAM | 00:04:27 | 1   | 00:48:07 | 4   | 00:52:35 | 3   | 00:25:11 | 3   | 01:17:46 | 14  |
| 15  | 653  | 01:17:51 | van Ellen      | Sabrina   | 1968 | MC PIRATE              | GER-NIE | 00:05:15 | 7   | 00:45:58 | 3   | 00:51:14 | 3   | 00:26:37 | 6   | 01:17:51 | 15  |
| 16  | 543  | 01:18:02 | Mc Donald      | Andrea    | 1975 | Tri Michels Hamburg    | IRL     | 00:05:29 | 8   | 00:47:09 | 5   | 00:52:38 | 5   | 00:25:23 | 5   | 01:18:02 | 16  |
| 17  | 480  | 01:18:35 | Hollstein      | Katrin    | 1971 |                        | GER-HAM | 00:04:54 | 4   | 00:49:07 | 7   | 00:54:01 | 6   | 00:24:33 | 3   | 01:18:35 | 17  |
| 18  | 445  | 01:18:50 | Gaab           | Jasmin    | 1979 | VELOCIFER              | GER-SH  | 00:04:56 | 2   | 00:46:23 | 2   | 00:51:20 | 2   | 00:27:29 | 3   | 01:18:50 | 18  |
| 19  | 604  | 01:18:52 | Sanders        | Juliane   | 1970 |                        | GER-HAM | 00:04:49 | 3   | 00:47:44 | 4   | 00:52:34 | 4   | 00:26:17 | 5   | 01:18:52 | 19  |
| 20  | 537  | 01:19:10 | Lüthje         | Sibylle   | 1974 |                        | GER-SH  | 00:05:42 | 11  | 00:45:53 | 4   | 00:51:36 | 4   | 00:27:34 | 8   | 01:19:10 | 20  |
| 21  | 602  | 01:19:29 | Rüter          | Susanne   | 1978 | Triabolos Hamburg e.V. | GER-HAM | 00:04:59 | 3   | 00:48:41 | 3   | 00:53:40 | 3   | 00:25:49 | 2   | 01:19:29 | 21  |
| 22  | 541  | 01:19:31 | Marten         | Birgit    | 1976 | Tri-Michels Hamburg    | GER-HAM | 00:04:56 | 3   | 00:49:35 | 7   | 00:54:31 | 7   | 00:24:59 | 4   | 01:19:31 | 22  |
| 23  | 527  | 01:20:24 | Lamek          | Silvia    | 1970 | Laufftreff Parsau      | GER-NIE | 00:05:07 | 6   | 00:50:19 | 8   | 00:55:26 | 8   | 00:24:57 | 4   | 01:20:24 | 23  |
| 24  | 380  | 01:20:24 | Behling        | Mirja     | 1971 | SC Hammaburg           | GER-HAM | 00:05:24 | 11  |          | 0   |          | 0   |          | 0   | 01:20:24 | 24  |

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# Ergebnis M / W - gesamt

**Jedermann**  
( 0,5 / 20 / 5,3 )

**Jedermann**  
**TW**

| Pos | StNr | Gesamt   | Name       | Vorname      | Jg.  | Verein                  | Nat.    | Schwi.   | Pos | Rad      | Pos | Sch+Rad  | Pos | Lauf     | Pos | Endzeit  | Pos |
|-----|------|----------|------------|--------------|------|-------------------------|---------|----------|-----|----------|-----|----------|-----|----------|-----|----------|-----|
| 25  | 680  | 01:20:57 | Wulf       | Cornelia     | 1966 |                         | GER-SH  | 00:05:21 | 5   | 00:48:00 | 3   | 00:53:21 | 4   | 00:27:35 | 4   | 01:20:57 | 25  |
| 26  | 658  | 01:21:27 | Voß        | Lisa         | 1991 | Barmstedter MTV         | GER-SH  | 00:04:52 | 1   | 00:49:25 | 1   | 00:54:18 | 1   | 00:27:09 | 1   | 01:21:27 | 26  |
| 27  | 375  | 01:21:35 | Barton     | Leslie-Karen | 1971 | Lebensfitness e.V.      | GER-SH  | 00:05:26 | 12  | 00:48:56 | 6   | 00:54:22 | 7   | 00:27:12 | 7   | 01:21:35 | 27  |
| 28  | 484  | 01:22:12 | Hornung    | Svenja       | 1975 |                         | GER-HAM | 00:05:28 | 7   | 00:49:59 | 8   | 00:55:28 | 8   | 00:26:43 | 7   | 01:22:12 | 28  |
| 29  | 642  | 01:22:41 | Tewes      | Katja        | 1966 |                         | GER-HAM | 00:05:27 | 6   | 00:48:12 | 5   | 00:53:39 | 5   | 00:29:01 | 5   | 01:22:41 | 29  |
| 30  | 654  | 01:24:45 | Vogt       | Sylvia       | 1959 |                         | GER-SH  | 00:06:09 | 3   |          | 0   |          | 0   | 0        | 0   | 01:24:45 | 30  |
| 31  | 447  | 01:25:55 | Gauggel    | Gabriele     | 1954 |                         | GER-SH  | 00:05:20 | 2   | 00:52:50 | 2   | 00:58:11 | 2   | 00:27:44 | 1   | 01:25:55 | 31  |
| 32  | 574  | 01:26:00 | Pamperin   | Gesa         | 1968 |                         | GER-HAM | 00:05:19 | 9   |          | 0   |          | 0   | 0        | 0   | 01:26:00 | 32  |
| 33  | 622  | 01:26:08 | Schwerdt   | Margot       | 1957 |                         | GER-SH  | 00:05:11 | 1   | 00:52:07 | 1   | 00:57:19 | 1   | 00:28:48 | 3   | 01:26:08 | 33  |
| 34  | 503  | 01:26:45 | Kalbus     | Karin        | 1960 | Bike & Run Flüggeendorf | GER-SH  | 00:05:52 | 2   | 00:50:20 | 3   | 00:56:13 | 3   | 00:30:31 | 2   | 01:26:45 | 34  |
| 35  | 666  | 01:26:58 | Wenzel     | Wiebke       | 1978 | TriAs Flensburg         | GER-SH  | 00:06:05 | 5   | 00:50:29 | 4   | 00:56:34 | 4   | 00:30:23 | 4   | 01:26:58 | 35  |
| 36  | 477  | 01:27:53 | Heuer      | Andrea       | 1976 |                         | GER-NIE | 00:05:46 | 12  | 00:50:54 | 9   | 00:56:40 | 9   | 00:31:13 | 11  | 01:27:53 | 36  |
| 37  | 603  | 01:27:54 | Salchow    | Dorothee     | 1975 | Esbit - Seeland         | GER-HAM | 00:05:41 | 10  | 00:52:15 | 10  | 00:57:57 | 10  | 00:29:56 | 9   | 01:27:54 | 37  |
| 38  | 473  | 01:28:18 | Hensel     | Uta          | 1968 | TSV Bornhöved           | GER-SH  | 00:05:18 | 8   | 00:55:28 | 10  | 01:00:47 | 10  | 00:27:31 | 8   | 01:28:18 | 38  |
| 39  | 600  | 01:28:26 | Runge      | Kathrin      | 1969 |                         | GER-SH  | 00:05:23 | 10  | 00:53:36 | 9   | 00:58:59 | 9   | 00:29:26 | 10  | 01:28:26 | 39  |
| 40  | 468  | 01:28:34 | Heins-Laas | Ulrike       | 1975 |                         | GER-HAM | 00:05:25 | 6   | 00:53:05 | 11  | 00:58:31 | 11  | 00:30:02 | 10  | 01:28:34 | 40  |
| 41  | 624  | 01:28:55 | Sieke      | Conni        | 1953 |                         | GER-SH  | 00:05:56 | 3   | 00:54:37 | 3   | 01:00:33 | 3   | 00:28:21 | 2   | 01:28:55 | 41  |
| 42  | 392  | 01:29:15 | Bonowsky   | Utha         | 1961 | USC Kiel                | GER-SH  | 00:06:09 | 4   | 00:49:56 | 2   | 00:56:06 | 2   | 00:33:08 | 3   | 01:29:15 | 42  |
| 43  | 519  | 01:29:24 | Kreutz     | Karin        | 1951 | Tri Team Neumünster     | GER-SH  | 00:05:45 | 1   | 00:56:09 | 1   | 01:01:55 | 1   | 00:27:29 | 1   | 01:29:24 | 43  |
| 44  | 464  | 01:31:03 | Häupke     | Nina         | 1986 | ATSV                    | GER-HAM | 00:05:26 | 1   | 00:52:50 | 1   | 00:58:17 | 1   | 00:32:46 | 1   | 01:31:03 | 44  |
| 45  | 652  | 01:35:01 | Ulrich     | Maria        | 1952 | Tri Team Neumünster     | GER-SH  | 00:06:40 | 2   | 00:57:13 | 2   | 01:03:53 | 2   | 00:31:07 | 2   | 01:35:01 | 45  |
| 46  | 678  | 01:39:09 | Wolf       | Barbara      | 1990 | SC Delphin Eschweiler   | GER-NRW | 00:05:35 | 2   | 00:55:30 | 2   | 01:01:06 | 2   | 00:38:02 | 2   | 01:39:09 | 46  |
| 47  | 771  | 01:41:55 | Paap       | Silvia       | 1969 |                         |         |          | 0   |          | 0   |          | 0   | 0        | 0   | 01:41:55 | 47  |
| 48  | 591  | 01:43:09 | Renner     | Edda         | 1953 |                         | GER-BER | 00:06:47 | 5   | 01:01:19 | 4   | 01:08:06 | 4   | 00:35:02 | 4   | 01:43:09 | 48  |

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**Ergebnis**  
**M / W - gesamt**

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Jedermann  
( 0,5 / 20 / 5,3 )

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Einträge in der Liste: 223